

Understanding The Heart

- A. The importance of the heart Prov. 4:23, Ps. 44:21, Prov. 21:2
- B. God's view of our heart
 - a. How God views us differently I Sam. 16:7
 - b. We are often not honest with what is in our heart Lu. 16:15
- C. The Word of God is designed to change the heart Heb. 4:12
- D. How to understand what is in a person's heart?
 - a. What we say—speech Matt. 12:34
 - b. What we do—actions Matt. 12:35
- E. Our central focus will reveal what is in our heart Matt. 6:21
- F. Emotional issues are found in the heart
- G. There are two problems that affect our heart
 - a. Sin/spiritual issues Matt. 5:28, 15:18, Mk. 7:15–23
 - b. Emotional pain issues
- H. Change can only take place within the heart
 - a. How to resolve sin issues —repentance/acknowledge
 - b. Prayer to resolve the emotional pain within the heart
- I. Concepts to remember when leading a person in prayer
- J. God knows Ps. 139:23–24
 - a. Unresolved sin
 - b. Unresolved emotional pain